

# NITRO

## SPORTS ACADEMY

### **"2015 FALL BASEBALL INSTRUCTIONAL PROGRAM"** **Ages 6, 7 and 8**

**NITRO will begin our Inaugural Instructional Baseball program on August 26, 2015. The purpose of this program is to develop young players with the essential skill required for youth baseball. Whether you're playing league ball or travel, the benefits will help your children to become better baseball players. Below are the highlights that each player and parent will receive.**

- 10-week program starting August 26 through October 28.
- Days are Wednesdays from 6-8 pm & Sundays from 2-4 pm.
- All sessions will be held at Summit High Schools softball field.
- 4 hours per week of instruction, 2 hours per session.
- Players will each receive one NSA hat and shirt (name & number included)
- Parent booklet on how to prepare your child for practice and games, nutrition, arm care, etc.
- Parents will have a questionnaire to complete, while each player will have one that's designed specifically for their age with an instructor.
- Players will have a video analysis and evaluation report on their first day and a final evaluation on their last day.
- A personal meeting with each parent at the conclusion of the program on their son's progress and recommendations.
- Several instructors will attend each session to train.
- All players will train at multiple positions.
- Hitting, fielding, throwing, catching, base running and speed & conditioning will be part of the program.
- Understanding the game, respect for the game, parents, coaches, etc. and the importance of practice, working hard in school is another part of our program.
- **Cost of the program is \$250.00 (averages \$25.00 per week)**

***NITRO wants each player to understand the game while having fun.  
Enjoy your summer, we look forward to seeing you in August!***

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PLEASE DETACH AND MAIL OR BRING INTO NITRO

Players Name \_\_\_\_\_ Age \_\_\_\_\_ Desired Number \_\_\_\_\_

Parents Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell 1: \_\_\_\_\_ Cell 2: \_\_\_\_\_

Payment Type: **\$250.00**     Check     Credit Card    \_\_\_ Visa    \_\_\_ Master Card    \_\_\_ Discover

Please call 931-487-9000 after 5:00 pm for Credit Card payments.

Make checks payable to **Nitro Sports Academy** and mail to: 3710 John Lunn Road, Spring Hill, TN 37174

**"TRAIN HARD, PLAY HARD"**

**3710 John Lunn Road, Spring Hill, TN 37174 ■ 931.487.9000 ■ nitrosportsacademy@gmail.com**